

# *Worship +3 - Adult*

## *Every Member in Ministry*

*"In gratitude for God's love and grace, and empowered by the Spirit, we commit ourselves..."*

At CPC, members and friends are encouraged to adopt the Worship+3 philosophy. In addition to attending worship, choose at least three other ways to participate in the life of the church: ways in which you will be nurtured and can grow spiritually, a service activity through which you nurture others, and a financial commitment with which you support the church's ongoing ministry.

Please complete a form for each adult member of your household. Consider a one-year commitment. If you like what you are doing, sign up again! Or, try something new and make a first-time commitment. Learn more about specific ministries through the website, [www.carypresbyterian.org](http://www.carypresbyterian.org), talking with Elders, Deacons or staff. Need more information? Designate with an "X".

My commitments for 2017 will include:

- Attending Worship
- Participating in an activity that nurtures my soul
- Committing to a service activity that nurtures others
- Sharing my financial gifts

A check mark designates "Yes!"      An X designates "Tell me more."

**Please bring this form to worship on Commitment Sunday, November 20.**

Name: \_\_\_\_\_ Phone: (home) \_\_\_\_\_

E-mail: \_\_\_\_\_

### Music & Worship

- \_\_\_ Music & Worship Team
- \_\_\_ Lay Reader
- \_\_\_ Chancel Guild
- \_\_\_ Communion preparation and cleanup
- \_\_\_ Greeter
- \_\_\_ Usher
- \_\_\_ Chancel Choir
- \_\_\_ Musician/Instrument \_\_\_\_\_
- \_\_\_ Brass Choir
- \_\_\_ Rainbow Choir (lead or assist)
- \_\_\_ Youth Choir (lead or assist)
- \_\_\_ Sound System
- \_\_\_ Columbarium Team
- \_\_\_ Home Communion
- \_\_\_ Children and Worship (11:00 service)
  - \_\_\_ Leader
  - \_\_\_ Greeter

### Congregational Connections and Caregiving

- \_\_\_ Stephen Ministry
- \_\_\_ Prayer Shawl knitting
- \_\_\_ Meals for families
- \_\_\_ Transportation
- \_\_\_ Shopping or errands
- \_\_\_ Friendly phone call
- \_\_\_ Friendly visitors
- \_\_\_ Send cards
- \_\_\_ Hospital visits
- \_\_\_ Visitor and New Member Team
- \_\_\_ New Member Sponsor
- \_\_\_ Technology Tutor
- \_\_\_ Ties That Bind
  - \_\_\_ Interviews
  - \_\_\_ Listening and editing
- \_\_\_ Health Ministry Team
- \_\_\_ Blood Drive
- \_\_\_ Cancer Companions

### Missions

- \_\_\_ Missions Team

- \_\_\_\_\_ Childcare Ministry Board
- \_\_\_\_\_ Appalachia Service Project
- \_\_\_\_\_ Summer Mission Experience
- \_\_\_\_\_ Esperanza Guatemala mission
- \_\_\_\_\_ Fair Trade Coffee
- \_\_\_\_\_ Food, Friends and Fun, Wrenn Dr. ministry
- \_\_\_\_\_ Stop Hunger Now
- \_\_\_\_\_ The Caring Place
- \_\_\_\_\_ Dorcas Ministries
- \_\_\_\_\_ Meals on Wheels
- \_\_\_\_\_ Wheels4Hope

Christian Education

- \_\_\_\_\_ Christian Education/Adult Education Teams
- \_\_\_\_\_ Christian Education support/communications
- \_\_\_\_\_ Teacher, children
- \_\_\_\_\_ Teacher, youth
- \_\_\_\_\_ Teacher, adult
- \_\_\_\_\_ Milestones Ministry
- \_\_\_\_\_ Shepherd for Faith Journey
- \_\_\_\_\_ Nursery Coordinator or helper
- \_\_\_\_\_ Vacation Bible School
- \_\_\_\_\_ Family Retreat planning
- \_\_\_\_\_ Seasonal Events (Lent/Easter, Advent/Christmas)
- \_\_\_\_\_ Church Library

Youth & Family Ministry

- \_\_\_\_\_ Youth & Family Ministry Team
- \_\_\_\_\_ Youth Retreat Coordinator
- \_\_\_\_\_ Youth Group Advisor
  - \_\_\_\_\_ Christian Adventurer (grades 3-5)
  - \_\_\_\_\_ Middle School (6-8)
  - \_\_\_\_\_ High School (9-12)
- \_\_\_\_\_ Youth Group Meal Preparation
- \_\_\_\_\_ Confirmation Leader
- \_\_\_\_\_ Confirmation Mentor
- \_\_\_\_\_ College-Age Ministry

Spiritual Practices

- \_\_\_\_\_ Centering Prayer
- \_\_\_\_\_ Labyrinth
- \_\_\_\_\_ Retreat Planning

Christian Fellowship

- \_\_\_\_\_ Congregational Fellowship Team

- \_\_\_\_\_ Covenant Group – member
- \_\_\_\_\_ Covenant Group - coordinator
- \_\_\_\_\_ Book Club
- \_\_\_\_\_ Connection Group
- \_\_\_\_\_ Moms Group for parents of teens
- \_\_\_\_\_ Presbyterian Women
- \_\_\_\_\_ Presbyterian Men
- \_\_\_\_\_ Softball teams
- \_\_\_\_\_ Triple F, senior fellowship group
- \_\_\_\_\_ Scouting

Operational Support

- \_\_\_\_\_ IT Team
- \_\_\_\_\_ Communications Team
- \_\_\_\_\_ Church Bus Driver
- \_\_\_\_\_ Budget and Finance Team
- \_\_\_\_\_ Generosity Team
- \_\_\_\_\_ Memorials and Endowments Team
- \_\_\_\_\_ Counting Team
- \_\_\_\_\_ Insurance
- \_\_\_\_\_ Building and Grounds Team
- \_\_\_\_\_ Saturday workdays

Additional Skills & Interests

- \_\_\_\_\_ Sewing/Costuming
- \_\_\_\_\_ Painting
- \_\_\_\_\_ Carpentry
- \_\_\_\_\_ Graphic Design
- \_\_\_\_\_ Photography
- \_\_\_\_\_ Gardening
- \_\_\_\_\_ Foreign Language: \_\_\_\_\_
- \_\_\_\_\_ Other: \_\_\_\_\_