

**The Walking in Faith Travel Guide  
Cary Presbyterian Church, Cary NC  
An Introduction for Parents**

The idea of a this Guide first came to our attention in an article printed in Alert magazine, our denomination's former educational ministry periodical. Westminster Presbyterian Church in Marion, Indiana had published and implemented the use of such a guide, called a Primer, in 1991, and had written about their success. Our Christian Education Team has enthusiastically endorsed the idea for our congregation, and what you see is the final product.

Albert Curry Winn's book, A Christian Primer: The Prayer, The Creed, The Commandments, suggests that a primer is "a brief collection of time-honored words and documents that can socialize children and new Christians and nominal Christians into the Christian society, that can powerfully impress upon them Christian ideals and values." Central to Winn's Primer are the Lord's Prayer, the Apostles Creed, and the Ten Commandments. These were central to Calvin's Catechism and the Heidelberg Catechism (this latter included in our Book of Confessions), also.

These three documents are in our Travel Guide, but also included are well-known prayers, traditional songs, Bible verses, and common parts of Presbyterian liturgy, in order to help our children and you become intimately acquainted with the rich heritage of Christian faith, expressed and developed in the church. Intentionally "learning by heart" and using these fundamental expressions will better graft our children into the covenant community of Christ.

The home is the primary Christian educator of our children, with the church in the supporting role. The church has your children for one or two, sometimes more, often less, hours a week. Their Christian education remains the task of parents and others on the home-front. But we, the church, will and do help. Church school teachers will be using the Walking in Faith Travel Guide to supplement our regular curriculum and will

include the topic/text in church school. Parents and children will work on learning the items at home.

We provide you with a copy of the Travel Guide, and will be pleased to answer questions or provide any assistance necessary to help your child accomplish mastery of the material. We encourage discussion and questions about the specific items so that understanding occurs, not just rote memorization.

The Walking in Faith Travel Guide is divided by age groupings so as to provide appropriate learning for each age level. Levels are sequential. In the beginning, older children may want to start at lower levels and work their way up to their present level. This may take more time and require a bit more of them, but we are confident that they can do it.

Level achievement will be awarded upon successful recitation of the items to a Pastor, the Director of Christian Education, Teacher/Shepherd, or Team Leader of the Christian Education Team. Recognition of level achievement will be done as the church gathers. Certificates will be awarded to children who have completed a particular level. (Again, these will be done sequentially.)

It is our hope that the Walking in Faith Travel Guide of Cary Presbyterian Church will be a vehicle to help your child in his or her faith journey. We are convinced that it will assist you and your child to know and love and serve Jesus Christ by a more complete identification with Christ's body on earth, the church. The Proverbs of the Old Testament say it best: *Train up a child in the way he (or she) should go and when he is old, he will not depart from it.*

(Proverbs 22:6)

August 2008

(TEV)	Today's English Version or Good News
(RSV)	Revised Standard Version
(NIV)	New International Version
(NRSV)	New Revised Standard Version

## **Level 1**

"Jesus said, "I am with you always."

**Matthew 28:20b**

### **JESUS LOVE ME, THIS I KNOW**

Jesus loves me, this I know,  
For the Bible tells me so,  
Little ones to Him belong,  
They are weak, but He is strong.  
Yes, Jesus loves me!  
Yes, Jesus loves me!  
Yes, Jesus love me!  
The Bible tells me so.

### **The B-I-B-L-E**

The B-I-B-L-E  
Yes, that's the Book for me,  
I stand alone on the Word of God.  
the B-I-B-L-E

### **A Meal Blessing:**

God is great and God is good,  
And we thank God for our food.  
By God's hands we all are fed,  
Thank you, God, for daily bread.  
Amen.

### **A Bedtime Prayer:**

Jesus, friend to little children,  
Be a friend to me.  
Take my hand and ever lead me  
Close to thee.  
God bless...(names or events).  
Amen.

## **Level 2**

(In addition to previous level)

"In the beginning God created the heavens  
and the earth."

**Genesis 1:1 (RSV)**

"Do for others just what you want them  
to do for you."

**Luke 6:31 (TEV)**

"We know that in everything God works for good  
with those who love him,"

**Romans 8:28 (RSV)**

### **The Doxology (Traditional)**

Praise God from whom all blessings flow,  
Praise God all creatures here below.  
Praise God above, ye heavenly host.  
Praise Father, Son, and Holy Ghost.  
Amen.

### **The Doxology ((Ecumenical)**

Praise God from whom all blessings flow,  
Praise Christ all people here below  
Praise Holy Spirit evermore  
Praise Triune God, whom we adore.  
Amen

### **A Meal Blessing:**

Our hands we hold,  
Our heads we bow,  
For food and friends  
We thank You now.  
Amen

## **Level 3**

(In addition to previous levels)

"For God so loved the world that he gave his only son, that whoever believes in him should not perish but have eternal life."

**John 3:16 (RSV)**

"Therefore be imitators of God, as beloved children."

**Ephesians 5:1 (RSV)**

*Or, alternatively:*

"Since you are God's dear children, you must try to be like him." (TEV)

### **The Lord's Prayer**

(based on Matthew 6: 9-13)

Our father who art in heaven,  
Hallowed by thy name.  
Thy kingdom come,  
Thy will be done,  
On earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our debts,  
As we forgive our debtors.  
And lead us not into temptation,  
But deliver us from evil.  
For Thine is the kingdom, and the power,  
and the glory, forever.  
Amen.

## **Names of the 12 Disciples**

(based on Mark 3: 16-19, being familiar also with list in Matthew 10: 2-4)

Peter	Matthew
Andrew	Thomas
James (son of Zebedee)	Philip
John [brother of James]	Bartholomew
James (son of Alphaeus)	Thaddaeus
Simon (The Zealot)	Judas Iscariot

## **The Ten Commandments**

(abbreviated from Exodus 20 and Deuteronomy 5)

You shall have no other gods.  
You shall make no idols.  
You shall not take the Lord's name in vain.  
Remember the sabbath day to keep it holy.  
Honor your father and your mother.  
You shall not kill.  
You shall not commit adultery.  
You shall not steal.  
You shall not lie.  
You shall not covet.

## **Level 4**

(In addition to previous levels)

(Jesus said) "I am the way, the truth and the life."

**John 14: 6a (TEV)**

"I can do all things in him\* who strengthens me."

**Philippians 4: 13 (RSV) \*=Christ**

### **Books of the Old Testament**

Genesis	2 Chronicles	Daniel
Exodus	Ezra	Hosea
Leviticus	Nehemiah	Joel
Numbers	Esther	Amos
Deuteronomy	Job	Obadiah
Joshua	Psalms	Jonah
Judges	Proverbs	Micah
Ruth	Ecclesiastes	Nahum
1 Samuel	Song of Solomon	Habakkuk
2 Samuel	Isaiah	Zephaniah
1 Kings	Jeremiah	Haggai
2 Kings	Lamentations	Zechariah
1 Chronicles	Ezekiel	Malachi

### **Books of the New Testament**

Matthew	Ephesians	Hebrews
Mark	Philippians	James
Luke	Colossians	1 Peter
John	1 Thessalonians	2 Peter
The Acts	2 Thessalonians	1 John
Romans	1 Timothy	2 John
1 Corinthians	2 Timothy	3 John
2 Corinthians	Titus	Jude
Galatians	Philemon	The Revelation

## **Psalm 23 (NIV)**

The Lord is my shepherd,  
I shall not want.  
He makes me lie down in green pastures,  
He leads me beside quiet waters,  
He restores my soul.  
He guides me in paths of righteousness  
for his name's sake.  
Even though I walk  
through the valley of the shadow of death  
I will fear no evil  
for you are with me;  
your rod and your staff,  
they comfort me.  
You prepare a table before me  
In the presence of my enemies.  
You anoint my head with oil;  
my cup overflows.  
Surely goodness and love will follow me  
all the days of my life,  
and I will dwell in the house of the Lord forever.

## **Psalm 100 (RSV)**

Make a joyful noise to the LORD, all the lands!  
Serve the LORD with gladness!  
Come into his presence with singing!  
Know that the LORD is God!  
It is he that made us, and we are his;  
we are his people, and the sheep of his pasture.  
Enter his gates with thanksgiving,  
and his courts with praise!  
Give thanks to him, bless his name!  
For the LORD is good;  
his steadfast love endures forever,  
and his faithfulness to all generations.

## **Level 5**

(In addition to previous levels)

### **Micah 6: 8 (RSV)**

"He has showed you, O man, what is good;  
and what does the LORD require of you  
but to do justice, and to love kindness,  
and to walk humbly with your God?"

### **Amos 5: 24 (RSV)**

"But let justice roll down like waters,  
and righteousness like an  
everflowing stream."

### **The Beatitudes**

#### **Matthew 5: 3 -10 (TEV)**

Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness,  
for they shall be satisfied.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers,  
for they shall be called sons of God.

Blessed are those who are persecuted for righteousness'  
sake, for theirs is the kingdom of heaven.

#### **Romans 8: 37-39**

"For I am certain that nothing can separate us from his  
(God's) love: neither death nor life, neither angels nor other  
heavenly rulers or powers, neither the present nor the future,  
neither the world above nor the world below--there is nothing in  
all creation that will ever be able to separate us from the love of  
God which is ours through Christ Jesus our Lord."

Plus familiarity with the whole passage, vs. 31-19 (TEV)

## **The Liturgical Calendar Seasons and Colors**

### **ADVENT**

A four week period in which the church joyfully remembers  
the coming of Christ and eagerly looks forward to his  
coming again. Beginning the Sunday nearest November  
30<sup>th</sup>, the season is observed for four Sundays prior to  
Christmas. The liturgical color of Advent is purple.

### **CHRISTMASTIDE**

The festival of the birth of Jesus. A 12 day period from  
December 25<sup>th</sup> to January 5<sup>th</sup>. The liturgical color for  
Christmastide is white.

### **EPIPHANY**

A season marking the revelation of God's gift of Himself to  
all people. Beginning with the day of Epiphany (when the  
magi visited the holy family, January 6<sup>th</sup>), this season  
continues until Ash Wednesday. The liturgical color is white  
for the Sunday, green for the season.

### **LENT**

A period of 40 weekdays and 6 Sundays, beginning on Ash  
Wednesday and highlighted during Holy week. In joy and  
sorrow, the church proclaims, remembers, and responds to  
the atoning death of Christ. The liturgical color is purple.

### **HOLY WEEK**

The week prior to Easter, during which the church  
remembers the passion and death of Jesus. Holy Week  
begins on Palm Sunday and includes Maundy Thursday and  
Good Friday.

### **EASTERTIDE**

A 50 day period of seven Sundays, beginning with Easter,  
the festival of Christ's resurrection. The color is white.

### **PENTECOST**

The season commemorates the gift of the Holy Spirit to the  
church, and extends from Pentecost to the beginning of  
Advent. The liturgical color for the Day of Pentecost is red;  
for the rest of the season it is green.

## Level 6

### **The Great Commission**

"Then Jesus came to them and said, 'All authority in heaven and on earth has been given to me.. Therefore go and make disciples of all nations, baptizing them in the name of the Father, and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I will be with you always, to the very end of the age.'"

**Matthew 28; 18-20 (NIV)**

"In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. What has come into being in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it.

**John 1: 1-5**

(Plus familiarity with the whole passage of John1: 1-18) ( (NRSV)

### **Creeds and Confession in the Book of Confessions, Presbyterian Church, U.S.A.**

(Name of creed, confession or catechism; date and country of origin)

Nicene Creed	4 <sup>th</sup> century	Middle East
Apostles Creed	2 <sup>nd</sup> -9 <sup>th</sup> centuries	France and others
Scots Confession	1560	Scotland
Heidelberg Catechism	1563	Germany
Second Helvetic Confession	1566	Switzerland
Westminster Confession of Faith	1647	England
Westminster Shorter Catechism	1647	England
Westminster Larger Catechism	1647	England
Theological Declaration of Barmen	1934	Germany
The Confession of 1967	1967	The United States
A Brief Statement of Faith	1990	The United States

### **The Apostles Creed**

I believe in God the Father Almighty,  
Maker of heaven and earth;  
And in Jesus Christ His only Son our Lord;  
who was conceived by the Holy Ghost,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried;  
He descended into hell;  
the third day He rose again from the dead;  
he ascended into heaven,  
and sitteth on the right hand  
of God the Father Almighty;  
from thence He shall come  
to judge the quick and the dead.  
I believe in the Holy Ghost;  
the holy Catholic church;  
the communion of the saints;  
the forgiveness of sins;  
the resurrection of the body;  
and the life everlasting.  
Amen

### **About our denomination...**

Official name of our Church (denomination):  
Presbyterian Church, U.S.A.

We are Protestant Christians,  
of the Reformed branch of Christianity.

Government of our church is by elders (presbyters),  
who are both ministers and laypersons.

Checklist for Walking in Faith Travel Guide:

Name: \_\_\_\_\_

Level One [ ] \_\_\_\_\_ Date: \_\_\_\_\_

(signed)

Level Two [ ] \_\_\_\_\_ Date: \_\_\_\_\_

(signed)

Level Three [ ] \_\_\_\_\_ Date: \_\_\_\_\_

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Level Four [ ] \_\_\_\_\_ Date: \_\_\_\_\_

(signed)

Level Five [ ] \_\_\_\_\_ Date: \_\_\_\_\_

(signed)

Level Six [ ] \_\_\_\_\_ Date: \_\_\_\_\_

(signed)



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# Walking in Faith TRAVEL GUIDE

Cary Presbyterian Church

**Notes**

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